

TRAINING COURSE
“Gender Equality for Youth Participation”
8th – 14th March 2012
AS Hotel -Durrës, Albania

DEAR Participants,

It is always a real pleasure to work on Non Formal Education field. We are very enthusiastic that you will all participate in “Gender Equality for Youth Participation” Training Course. We are really hoping that this TC will be a very positive way of learning and improving your daily work!

It was a real satisfaction for us to work on this project and we are hoping to have a very positive feedback from your side. This TC is part of non-formal education working methods, thus it is not only based on a ‘one way information flow’, but it is designed to require a proactive attendance from you. We are all welcome to invite you to participate in this adventurous, challenging, inspiring and creative TC!

In this InfoPack you will find all the important information related to you as a participant. Having read, understood and agreed upon all of this will allow you to fully enjoy and involve.

Please, do read very carefully all the information in this Infopack.
For any question or issue of concern do not hesitate to contact us.

The Trainers’ Team

1 brief description

To whom:

- ❖ Everyone being involved recently in youth NGOs mainly working or having previous experience in gender issues
- ❖ Trainers, youth leaders, youth workers, project managers who want to share their knowledge and competences in gender issues
- ❖ Youth workers, leaders and active multipliers within non-formal education
- ❖ Young people being able to work in English

Participation to meet the following objectives:

- ❖ To increase the knowledge and skills in terms of exploring key concepts of: gender, gender politics, gender mainstreaming, ethics related issues in youth training and projects etc
- ❖ To address key gender related issues concerning youth workers nowadays;
- ❖ To raise awareness about the complexity of gender equality in multicultural societies;
- ❖ To give practical tips and tools for enhancing gender equality in youth work;
- ❖ To create the network of organizations dealing with gender issues;
- ❖ To enhance intercultural dialogue and mutual understanding;
- ❖ To further explore "Youth in Action" Programme as a significant tool for promoting gender equality within youth work;
- ❖ To increase awareness of gender as a social construction in broaden European dimension

2 the program

You should keep in mind that you will be actively involved since the very beginning, as well as after the training. We will stimulate you to think independently about gender issues and how we can increase cooperation in gender issues in the future.

The flow during the training

- ❖ Experiencing: different settings, different non-formal education methods (role play, simulation game, exercises)
- ❖ Reflecting: on methods used and its impacts, on the power and limits of non-formal education, on building a constructive process etc
- ❖ Transferring: to the own reality of participants in order to practically learn from their experiences etc
- ❖ Sharing: different point of views, perceptions, situations and best experiences
- ❖ Developing: building capacities of the participants, including them in developing some sessions etc

the after-training period

After the training, the trainers will assist and support the participants for their issues of interest. All are encouraged to have a further communication through the internet.

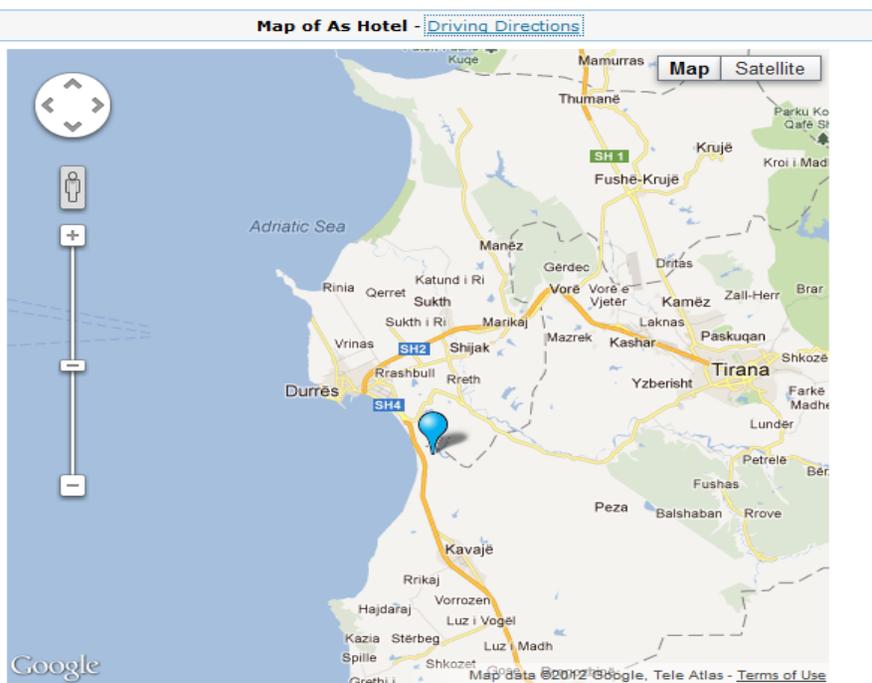
3 Accommodation

The hotel where you will be accommodated is **“AS Hotel in Durres, Albania”**. You will be sharing rooms between two or three people, gender divided and mixed nationality. The breakfast, lunch and dinner will be served in the hotel, covering your needs (vegetarians etc). The training room is in the hotel as well. The hotel, comprising of two buildings facing each other is equipped with all necessary facilities and offers wireless connection as well. Hotel it is near Durres city providing easily accessible facilities such as shops, clubs, public transports etc. Here is few pictures.



4 TRAVEL to the Venue

Participants arriving by plane at Tirana International Airport **will be picked up by Taxi from the organizers**, on behalf of your arrival times given. **Look for someone with your name tag** when you get **out of the airport exit door**. Others arriving by car please follow this address: AS HOTEL, Rruga Kombëtare Plepa Golem, Durrës, 2504. Here is a map to guide you



Those arriving by bus from Macedonia or Serbia will have to come on their own in Durrës. When you travel from Macedonia or Serbia by buss, the buss will pass in front of the Hotel, so please ask the drivers to let you in front of the Hotel and follow the road to the entrance of the Hotel. In case you need someone to talk to the drivers in Albanian, send an sms, or call this nr 00355695882272 (Ira), and she will help you with it.

Weather in Albania in March

During first weeks of March, according to weather forecast for Durrës, temperatures shall be around 5 and 12 Celsius Degrees. So far there is no rain in the horizon but we never know. Please take with you comfortable shoes and clothes, it will be helpful for our outdoor activities and during the workshops. Before coming you might like to take a look on www.weather.com. Evenings and Nights are usually a bit freezing since it's on the coastal area and there is

lots of wind, so get prepared for it.

You can find information about Albania, Durres to these websites:

<http://en.wikipedia.org/wiki/Albania> or <http://en.wikipedia.org/wiki/Durr%C3%ABs>

5 what to bring

About your NGO

During this training course you have an organized time so that you could present your organization. You are encouraged to present your NGO's daily work through oral and visual presentations. Also, there will be a lot for informal opportunities to present your NGOs' work. We fully encourage you to bring as much – relevant – materials as possible. In case you will bring PowerPoint presentations or CD Rom with pictures we will find the opportunity to show these presentations.

Very useful is:

- To bring information in English language about your organization
- To bring other relevant information about your previous international projects you have organized
- To bring pictures, posters, leaflets and booklets of your NGO related to gender issues

about your country

Maybe most of you have experienced an 'Intercultural Evening' before. We are planning to have an intercultural evening where you can have the opportunity to present your countries' culture!

We encourage you to bring postcards, posters, leaflets, booklets that could help to present your country. We also encourage you to bring gastronomic specialities of your region or country. Please be aware to bring foods which you do not have to cook. We are not sure if you are allowed to heat food or to cook light dishes.

Also bring CD's of traditional / typical music or other special things from your country that you want to share with other participants during the intercultural evening and other evenings.

If you know how to play a music instrument, you can then add to our evenings some original and live music taste!

WHAT ELSE?

The sea is very cold at these times in Durres, but its just 5 minutes from the Hotel. So if you see it reasonable bring a swimming suit with you and a big towel (hotel towels are not allowed to be brought out in the sea).

6 the trainers' team

Irena Topalli & Marsida Bandilli and Iris Shiroka are looking forward to meet you very soon! They are experienced in youth work and gender issues and work as trainers in a free lance basis for few years already. You will get to know more about them during the course.☺

7 training program

Timing	Day 1 8 march	Day 2 9 March	Day 3 10 March	Day 4 11 March	Day 5 12 March	Day 6 13 March	Departure 14 March
08:00-09:30	Breakfast						
Session 1 10.00 11.15	ARRIVAL and ACCOMODATION	Intro to the course Group introduction and team of trainers	What is gender and what is sex?	Difficulties on gender work	Participants get action! Preparing workshops on gender based issues 1	YiA the other actions	D E P A R T U R E
11.15-11.45	Coffee break						
Session 2 11.45 13.00	ARRIVAL and ACCOMODATION	Aim, objectives and journey of daily program Expectation, fears and contribution	Situations! Countries overview	How to work with young girls on gender education	Participants get action! Preparing workshops on gender based issues 2	Project Ideas corner Developing projects	
13.00-14.30	Lunch						
Session 3 14.30 16.15	Getting to know each other	What is Non formal education Experiential learning. Youthpass	Stereotypes and prejudices related to gender	Visiting a local NGO	Performing workshops 1	Presentation of projects	
16.15-17.45	Coffee break						
Session 4 17.45 19.00	Group building activities Reflection Groups	Entering the topic. Exploring gender bases issue. Reflection Groups	How to foster Participation and gender inclusion? Reflection Groups	Visiting a local NGO Reflection Groups	Performing workshops 2 Reflection Groups	Follow up and Final Evaluation	
19.00	Dinner						

After... 21.00 ...	Albanian flavor	ICL	Free evening	Movie evening	The town by night	Goodbye evening	
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In any case of emergency, you can contact
Ira on this number **00355695882272**
and **Marsida** on this number **00355696521275**.

Don't forget to bring some smiles and good mood
with you!



SEE YOU VERY SOON!