

Youth  
in Action  
Programme

# INFO PACK

EUROPEAN UNION YOUTH IN ACTION  
PROGRAMME ACTION 1.1 «Sports for  
Healthy Life» Project

# EUROPEAN UNION YOUTH IN ACTION PROGRAMME ACTION 1.1. «Sports for Healthy Life» Project

**Dear Friends and Partners,**

Be ready to get fun with sports. We would like to say welcome our project.

Please read this info pack carefully. We hope that you can find your questions answer in it. If you still have questions don't hesitate to ask.

Hope to meet with you soon in Keles/Bursa.



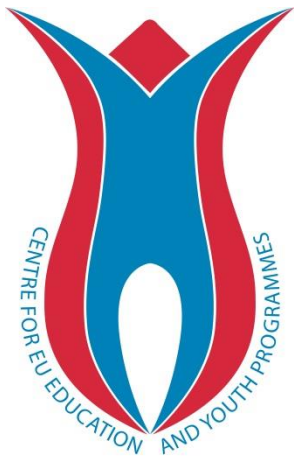
Youth  
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# EUROPEAN UNION YOUTH IN ACTION PROGRAMME ACTION 1.1. «Sports for Healthy Life» Project

## Applicant Organization

Keles Gençlik Spor Topluluğu

Keles Youth and Sports Assembly



# EUROPEAN UNION YOUTH IN ACTION PROGRAMME

## ACTION 1.1. «Sports for Healthy Life» Project

### WHO IS KELES GENÇLİK SPOR TOPLULUĞU?

Keles Gençlik Spor Topluluğu was first established in 2013. Our youth group works with the youths to boost and improve their cultural, educational and social and sports personality sides. Also, our youth group aims to improve the youths about communication, expressions, harmony, team working and leadership, positive and creative way of thinking, art, culture, environment, social inclusion and quality of life. Our youth group tries to expand youths' vision and improve their personality through the activities, courses, national and international projects. Our youth groups also aims to work and cooperate with the disadvantageous side of public during the activities, disadvantageous about both socially and economically.

- Sports
- National Projects
- International Projects

# EUROPEAN UNION YOUTH IN ACTION PROGRAMME

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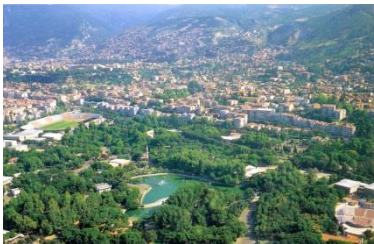
- **Dates: 31st January – 07th February 2014**
- **31st January is arrival day– 07th February is departure day. (Everybody confirm this date to select 7 participants if you want we can organize also in summer... However we prefer winter time, please write your opinions with e-mail. )**
- **YOU MUST SELECT YOUR PARTICIPANT UNTIL 10th of JANUARY.**
- **You can stay max. 1 week in Turkey before project or after project .**

# EUROPEAN UNION YOUTH IN ACTION PROGRAMME

## ACTION 1.1. «Sports for Healthy Life» Project



Place of the Project:  
Bursa, Keles, Turkey



# **EUROPEAN UNION YOUTH IN ACTION PROGRAMME**

## **ACTION 1.1. «Sports for Healthy Life» Project**

### **Description of Project:**

**After technology developed youngsters give up to do sports. So we have big problems in the world about obesity. In this Project we would like to support participants to do sport and living in a healthy life. We will organize workshops about football, crossing in the nature, trekking, basketball, volleyball, handball and skiing, healthy life style. We will meet in Bursa, Keles in Turkey between 31 January – 07 February 2014 with our partners.**

# EUROPEAN UNION YOUTH IN ACTION PROGRAMME

## ACTION 1.1. «Sports for Healthy Life» Project

### **PARTICIPANT COUNTRIES AND PARTNERS**

- **TURKEY** Keles Gençlik Spor Topluluğu
- **BULGARIA** Mladejko kulturnoobrazovatelno drujestvo Veliko Tarnovo
- **CROATIA** RAPLECTION
- **ITALY** Associazione ERGA OMNES
- **ROMANIA** ASOCIATIA DE TINERET ONIX
- **POLAND** The Association for Development of Municipality of Żychlin
- **GREECE** CELL OF ALTERNATIVE YOUTH ACTIVITIES



# EUROPEAN UNION YOUTH IN ACTION PROGRAMME

## ACTION 1.1. «Sports for Healthy Life» Project

### PARTICIPANTS

When you select participants please be careful about gender balance. We have age limit for project between 15 – 25 years old. We don't have age limit for leaders. Also if possible try to send somebody who can communicate in English Language.

- **TURKEY** Keles Gençlik Spor Topluluğu **6 participants + 1 Leader**
- **BULGARIA** Mladejko kulturnoobrazovatelno drujestvoVeliko Tarnovo **6 participants + 1 Leader**
- **CROATIA** RAPLECTION **6 participants + 1 Leader**
- **ITALY** Associazione ERGA OMNES **6 participants + 1 Leader**
- **ROMANIA** ASOCIATIA DE TINERET ONIX **6 participants + 1 Leader**
- **POLAND** The Association for Development of Municipality of Żychlin **6 participants + 1 Leader**
- **GREECE** CELL OF ALTERNATIVE YOUTH ACTIVITIES **6 participants + 1 Leader**

# EUROPEAN UNION YOUTH IN ACTION PROGRAMME

## ACTION 1.1. «Sports for Healthy Life» Project

### TRANSPORTATION

The easiest way to come Bursa to come Istanbul. We have two airports in Istanbul. One of them is Istanbul Atatürk Airport (IST) the other one is Istanbul Sabiha Gökçen Airport (SAW). Sabiha Gökçen flight's are cheaper than Atatürk airport.

If you come to Sabiha Gökçen airport you can take a shuttle bus in front of international arrival terminal to come Bursa.

If you come Istanbul Atatürk airport you should use metro and go to Esenler Coach Station (Esenler Otogar) and you can find easily bus to come Bursa every hour.

Also we will try to arrange somebody to pick you up from airports.

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## ACTION 1.1. «Sports for Healthy Life» Project

### LIMITS OF TRANSPORTATION

- **BULGARIA** Mladejko kulturnoobrazovatelno drujestvo Veliko Tarnovo **178,5 € for each participants**
- **CROATIA** RAPLECTION **400 € for each participants**
- **ITALY** Associazione ERGA OMNES **500€ for each participants**
- **ROMANIA** ASOCIATIA DE TINERET ONIX **300€ for each particiaptns**
- **POLAND** The Association for Development of Municipality of Żychlin **500€ for each participant**
- **GREECE** CELL OF ALTERNATIVE YOUTH ACTIVITIES **300€ for each participant**

These are %100 of transportation costs. For example if Romanian participants buy their ticket 350€ they have to pay 50€ from their pocket. We can pay max. 300€'s %70.

# **EUROPEAN UNION YOUTH IN ACTION PROGRAMME**

## **ACTION 1.1. «Sports for Healthy Life» Project**

### **ACCOMMODATION**

**We will stay in Keles and private dormitory. During the project only we will be there. Also the rooms will be for 2 or 3 people.**

### **FOOD**

**We will cover breakfast, lunch and dinner from the project budget. If you have vegetarian or vegan in your group please inform us about them.**

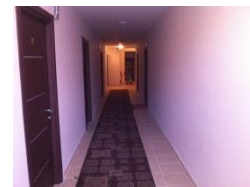
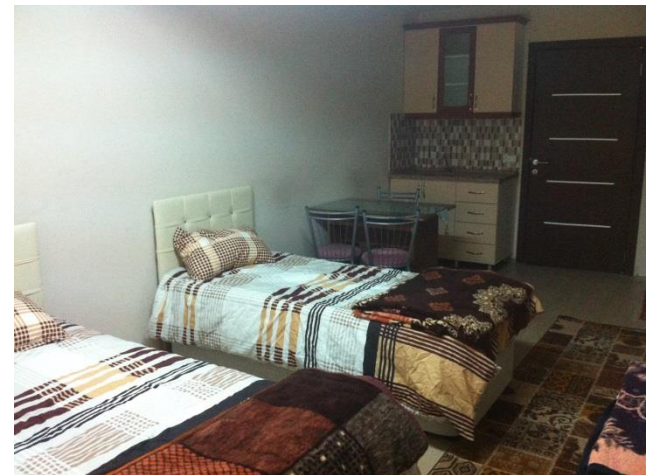
### **SPECIAL NEEDS**

**If you have some participants with special needs please inform us well.**

# EUROPEAN UNION YOUTH IN ACTION PROGRAMME

## ACTION 1.1. «Sports for Healthy Life» Project

- **ACCOMMODATION PLACE**



# EUROPEAN UNION YOUTH IN ACTION PROGRAMME

## ACTION 1.1. «Sports for Healthy Life» Project

- FOOD PLACE**



# EUROPEAN UNION YOUTH IN ACTION PROGRAMME

## ACTION 1.1. «Sports for Healthy Life» Project

### PREPARATION

- You can buy special things for your countries, alcohols and etc.. for intercultural night. Unfortunately we can't pay these costs.
- Please take some materials to introduce your organization for NGO Fair Activity.

### INSURANCE

IT IS OBLIGATORY THAT TO BUY HEALTH INSURANCE. BECAUSE WE WILL DO SPORTS. AFTER 2012 INSURANCES ARE NOT PAID BY PROGRAMME.

# EUROPEAN UNION YOUTH IN ACTION PROGRAMME ACTION

## 1.1. «Sports for Healthy Life» Project

### FOR REIMBURSEMENTS

We are planning to reimburse all participants during the project.

We need **original** documents below;

- **E-tickets**
- **Invoices**
- **Boarding Passes both way (If you have transfer flight we need all of it) (For returning flight we need to do online check in and print your boarding passes, if we can't do online check in we will cover %35 during the project the other part after we will take all documents we will pay. For this reason when you buy ticket please ask is it possible to do online check in. I suggest you buy your tickets from Turkish Airlines or Pegasus)**
- **Bus, Train Tickets**
- **Passaport Copies**
- **Signature List ( We will give you list during the project)**
- **Original Part III document (with sign and stamp)**

Otherwise unfortunately we can not reimburse you.



# EUROPEAN UNION YOUTH IN ACTION PROGRAMME

## ACTION 1.1. «Sports for Healthy Life» Project

- You should select your participants until **10th of January**. When you finish your participant selection please fill participant form and send me back.
- You can start to buy your tickets after **1st of January**. If you buy before this date unfortunately we can't pay any money.
- Also when you buy your plane tickets please **take confirmation** from me.